

## Diabetes Travel Supplies Check List

- Diabetes bag
- Lancets
- Extra meter
- Needles for pen
- Extra Insulin pen
- Syringes
- Test strips
- Extra test strips
- Alcohol swabs
- Battery for meter
- Glucagon
- Travel sharps
- Medical alert
- List of prescriptions
- Charger for meter
- Glucose
- Ketosticks/ Ketone meter
- Graval
- Insulin (vial & pens cartridges)
- Cooler bag
- Hand Sanitizer
- Back up pump
- Print out of pump settings
- Batteries
- Extra battery cap
- Infusion sets
- Cap for insulin pump
- Reservoirs
- Skin preps
- Tape
- Tegaderm adhesives
- Continuous Glucose Monitor
- Charger for sensor
- Sensor inserter
- Phone numbers of Clinic and Pump manufacturer
- Extra snacks and water
- Carb Count book
- Calculator
- List of Insulin Ratios

**Tip: Prepack items needed for site changes into individual sandwich bags (infusion set, reservoir, skin prep & alcohol swab)**